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Provider Bulletin
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COMPREHENSIVE PERINATAL SERVICES PROGRAM (CPSP)

The Comprehensive Perinatal Services Program (CPSP) provides a wide range of culturally competent services to Medi-Cal pregnant women, from conception through 60 days postpartum. In addition to standard obstetric services, women receive enhanced services in the areas of nutrition, psychosocial and health education. The Legislature enacted CPSP in 1984 in response to findings from the OB Access Project, which found that a comprehensive approach reduced both low birth weight rates and health care costs in women and infants. CPSP became a Medi-Cal benefit in 1987. Medi-Cal providers who provide services to pregnant women may apply to become a CPSP provider. CPSP services are not intended to be provided to inpatients. Recipient and provider participation is voluntary. CPSP services are in addition to, not a replacement for, the services that are part of the American College of Obstetricians and Gynecologists (ACOG) visit standards.

PROVIDER PARTICIPATION

Eligible Providers: Hospital outpatient departments, community clinics, county clinics, individual physicians, physician groups and Certified Nurse Midwives (CNMs) are eligible to provide these services. Providers must have a current provider number and complete an application to participate as a CPSP provider. “Program Overview” and “Steps To Take” training is available to all new CPSP providers and new staff of existing CPSP providers. Information on training is available at the CPSP website listed below.

Applying to Become a CPSP Provider:

To apply or receive information regarding CPSP services, providers should contact their local Comprehensive Perinatal Services Program Coordinator (PSC) at the local county health jurisdiction. The PSC directory is found on the CPSP website with an updated coordinator list.

Additional information on CPSP services is available by calling the CPSP toll-free line at 1-866-241-0395, the Department of Health Care Services (DHCS) Fiscal Intermediary (FI) Health Access Programs (HAP) hotline at 1-800-257-6900 or by addressing correspondence to:

CPSP Applications

California Department of Public Health
Maternal, Child and Adolescent Health Division
MS 8306
1615 Capitol Avenue

P.O. Box 997420
Sacramento, CA 95899-1420

Goals

- To decrease the incidence of low birth weight in infants.
- To improve the outcome of every pregnancy.
- To give every baby a healthy start in life.
- To lower health care costs by preventing catastrophic illness in infants and children.

Problems

- Low-income women and their infants are at higher risk for problems related to pregnancy and delivery, including low birth weight.
- Low birth weight infants have an increased risk of death and permanent disability.
- The care of low birth weight infants involves major costs to society.

Program Activities

- Medi-Cal-eligible women receive comprehensive services, including prenatal care, health education, nutrition services, and psychosocial support for up to 60 days after delivery of their infants. Local health department staff offer technical assistance and consultation to potential and approved providers in the implementation of CPSP program standards. The MCAH Program develops standards and policies; provides technical assistance and consultation to the local health perinatal services coordinators; and, maintains an ongoing program of training for all CPSP practitioners throughout the state.

Who Benefits

- Medi-Cal-eligible women and their infants who receive the services of CPSP. The Medi-Cal program and the population of California with healthy birth outcomes and lower short- and long-term health care costs.

Who Provides Services

- Over 1,500 Medi-Cal providers are approved as CPSP providers, in both the fee-for-service and managed care systems. Providers include physicians, physician medical groups, community clinics, hospital outpatient clinics, alternative birth centers, certified nurse midwives, and certified pediatric or family nurse practitioners. Practitioners include physicians, nurse midwives, physician assistants, nurses, social workers, health educators, nutritionists, and comprehensive perinatal health workers. County health departments assist local providers in

meeting CPSP certification requirements and provide them technical assistance after the MCAH Program certifies them.

Funding

- Federal Title V MCH Block Grant Funds, Federal Title XIX (Medicaid) Funds, and Maternal, Child and Adolescent Health (MCAH) Program administers CPSP. For more information, please see the [Comprehensive Perinatal Services Program](https://www.cdph.ca.gov), at <https://www.cdph.ca.gov>.

If you have any questions, please contact the Provider Services Department at 408-937-3600 option 7 or info@excelmso.com.