

WELL CHILD 6 - 7 - 8 YEARS				Name: _____		<input type="checkbox"/> Female <input type="checkbox"/> Male	
Visit Date: ___/___/___				DOB: ___/___/___		Age: _____	
Language: <input type="checkbox"/> English Other: _____				<input type="checkbox"/> Interpreter used – Name: _____			
BP: _____	T: _____	P: _____	RR: _____	Height: _____ in.	Weight: _____ lb.	BMI %: _____	<input type="checkbox"/> Growth charts completed
Reason for visit: <input type="checkbox"/> well visit							
Allergies: _____				Signature/ Title: _____			

INTERVAL HISTORY: <input type="checkbox"/> Exposure to tobacco smoke		GROWTH and DEVELOPMENT	
Diet: <input type="checkbox"/> low fat milk		<input type="checkbox"/> Counts to 10 (6 y)	<input type="checkbox"/> Tells time (8y)
Foods: _____		<input type="checkbox"/> Prints name (6 y)	<input type="checkbox"/> Reads for pleasure (8y)
Appetite: _____		<input type="checkbox"/> Knows R from L (6 y)	<input type="checkbox"/> Concern for others (8y)
Significant weight <input type="checkbox"/> loss <input type="checkbox"/> gain _____ lbs.		<input type="checkbox"/> Ties shoes (6 y)	<input type="checkbox"/> Cares for room/belongings (8y)
Exercise: _____		EDUCATION / ANTICIPATORY GUIDANCE: Check if discussed	
Illnesses: _____		Diet and Exercise	<input type="checkbox"/> regular balanced meals with healthy snacks
After school care: _____		<input type="checkbox"/> appropriate weight <input type="checkbox"/> physical activity	
PARENTAL CONCERNS		Safety	<input type="checkbox"/> bike helmet <input type="checkbox"/> household safety <input type="checkbox"/> water safety
		<input type="checkbox"/> car seat/seat belt <input type="checkbox"/> street dangers	
		<input type="checkbox"/> caution with strangers <input type="checkbox"/> weapons <input type="checkbox"/> sun screen	
		Guidance	<input type="checkbox"/> school <input type="checkbox"/> TV/media monitoring <input type="checkbox"/> puberty
		<input type="checkbox"/> basic sex education <input type="checkbox"/> family dynamics	
		<input type="checkbox"/> household chores <input type="checkbox"/> rules/consequences	

PHYSICAL EXAMINATION – note required for all not WNL			
General Appearance	<input type="checkbox"/> well nourished and developed <input type="checkbox"/> no abuse/neglect evident	Lungs	<input type="checkbox"/> clear to auscultation bilaterally
Head	<input type="checkbox"/> grossly normal	Heart	<input type="checkbox"/> regular rhythm <input type="checkbox"/> no murmur
Eyes	<input type="checkbox"/> red reflex present R L <input type="checkbox"/> vision grossly normal	Femoral pulses	<input type="checkbox"/> normal bilaterally
Ears	<input type="checkbox"/> canals clear <input type="checkbox"/> TMs normal <input type="checkbox"/> hearing grossly normal	Abdomen	<input type="checkbox"/> soft, no masses <input type="checkbox"/> liver & spleen normal
Nose/mouth	<input type="checkbox"/> patent <input type="checkbox"/> MM pink, no lesions	Genitalia	<input type="checkbox"/> grossly normal - Tanner stage: I II
Teeth	<input type="checkbox"/> dentition WNL <input type="checkbox"/> no cavities evident	Spine	<input type="checkbox"/> normal
Neck	<input type="checkbox"/> supple / no masses	Extremities	<input type="checkbox"/> no deformities, full ROM
Chest	<input type="checkbox"/> symmetrical	Skin	<input type="checkbox"/> clear, no significant lesions
Breasts (F)	<input type="checkbox"/> no masses - Tanner stage: I II	Neurologic	<input type="checkbox"/> normal tone <input type="checkbox"/> normal DTR's

Comments:	VISION	Near	OD: _____	OS: _____	OU: _____
		Far	OD: _____	OS: _____	OU: _____
	AUDIO - metry	Right	_____ dB	_____ Hz	<input type="checkbox"/> WNL
		Left	_____ dB	_____ Hz	<input type="checkbox"/> WNL
Performed by: _____					

ASSESSMENT:	PLAN:

ORDERS: <input type="checkbox"/> Vaccine reactions, risks and follow-up explained /VIS sheets given <input type="checkbox"/> Immunization registry entry	
Immunizations- If not up to date: <input type="checkbox"/> DTaP (6 yrs) <input type="checkbox"/> Td (7-8 yrs) <input type="checkbox"/> IPV <input type="checkbox"/> MMR <input type="checkbox"/> Varicella (6 yrs) <input type="checkbox"/> Influenza (yearly)	
Fluoride - <input type="checkbox"/> Rx. 0.5 mg qd <input type="checkbox"/> Fluoride varnish <input type="checkbox"/> Vision screening (yearly) <input type="checkbox"/> Audiometry	
Labs: <input type="checkbox"/> U/A	

REFERRAL: _____ PM 160 completed

Next appointment: 1 year Other: _____ Provider Signature: _____